

Intimate Care Needs

Link to Safeguarding and Welfare Requirements: Health

Links to Early Years Foundation Stage: 3.1, 3.6, 3.27, 3.20, 3.64

At Small World Nursery we believe that all children need contact with familiar, consistent carers to ensure they can grow and develop socially and emotionally. At times children need to be cuddled, encouraged, held and offered physical reassurance.

Intimate care routines are essential throughout the day to meet children's basic needs. This may include nappy changing, supporting children with toileting, changing clothes, and giving first aid treatment and specialist medical support, where required.

In order to maintain the child's privacy, we will carry out the majority of these actions on a one-to-one basis, wherever possible, by the child's key person with the exception of first aid treatment which must be carried out by a qualified first aider.

We wish to ensure the safety and welfare of children during intimate care routines and safeguard them against any potential harm as well as ensuring the staff member involved is fully supported and able to perform their duties safely and confidently. We aim to support all parties through the following actions:

- Promoting consistent and caring relationships through the key person system in the nursery and ensuring all parents understand how this works
- Ensuring all staff undertaking intimate care routines have suitable enhanced DBS checks
- Training all staff in the appropriate methods for intimate care routines and arranging specialist training where required, i.e. first aid training, specialist medical support
- Ensuring children are afforded privacy during intimate care routines whilst balancing this with the need to safeguard children and staff.

Nappy Changing / Toilet Training

We will not exclude a child from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. The nursery will work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

Small World Nursery provide a nappy changing area that is warm, with a safe area to lay children and no bright lights shining down in their eyes. There are mobiles and other objects of interest to take the child's attention. There is a separate toilet area with potties and its own sink at child's height.

Each child provides their own nappies or pull ups which are kept in their personal bag hanging from their peg. The nursery does provide wipes but if children have sensitive skin, then parents must provide their own. Any nappy cream that a child requires during the day should be provided from home and labelled with that child's name.

We promote toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults. We will ensure that nappy changing is relaxed and a time to promote independence in young children.

We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.

Nappy Changing Policy

- No nappies will be changed or intimate routines take place behind closed doors
- Conducting thorough inductions for all new staff to ensure they are fully aware of all nursery procedures relating to intimate care routines
- Following up procedures through supervision meetings and appraisals to identify any areas for development or further training
- Working closely with parents on all aspects of the child's care and education as laid out in the Parent and Carers as Partners Policy. This is essential for intimate care routines which require specialist training or support. If a child requires specific support the nursery will arrange a meeting with the parent to discover all the relevant information relating to this to enable the staff to care for the child fully and meet their individual needs
- Ensuring all staff have an up-to-date understanding of safeguarding/child protection and how to protect children from harm. This will include identifying signs and symptoms of abuse and how to raise these concerns as set out in the safeguarding/child protection policy
- Operating a whistleblowing policy to help staff raise any concerns about their peers or managers; and helping staff develop confidence in raising worries as they arise in order to safeguard the children in the nursery
- Conducting working practice observations on all aspects of nursery operations to ensure that procedures are working in practice and all children are supported fully by the staff. This includes intimate care routines
- Conducting regular risk assessments on all aspects of the nursery operation including intimate care and reviewing the safeguards in place. The nursery has assessed all the risks relating to intimate care routines and has placed appropriate safeguards in place to ensure the safety of all involved.

Nappy Changing Procedures

- The key person is aware of personalised changing times for the children in our care who are in nappies or 'pull-ups'; and change nappies according to child's need, or more frequently where necessary. Nappy changes are recorded for children under the age of 3 on their daily diaries and also on the nappy charts in each of the rooms to ensure that all children are changed on a regular basis.

- We encourage children from about 18mths onwards to sit on the potty when we change their nappy in order to familiarise them with the process before starting to potty train.
- We will try to encourage young children from two years to normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree as this helps the process of using the toilet or potty easier for the child.
- Our primary key person will undertake changing children in their key groups; with a secondary key person identified that may change them if the key person is absent
- When changing a child's nappy, the member of staff will put on disposable gloves and aprons before changing starts and the areas are prepared. A clean pair of gloves and apron are used for each child.
 - All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
 - Our staff will never turn their back on a child or leave them unattended whilst they are on the changing mat.
 - We are gentle when changing and will avoid pulling faces and making negative comments about 'nappy contents'.
 - We do not make inappropriate comments about children's genitals when changing their nappies.

Toileting Procedures

- We will encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We will encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Older children access the toilet when they have the need to and are encouraged to be independent.

Disposal of Nappies

- The nursery will dispose of nappies and pull ups via a company specialising in the disposal of waste. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home.

If any parent or member of staff has concerns or questions about intimate care procedures or individual routines, please see the manager at the earliest opportunity.

This policy was adopted by	Small World Nursery
On	12 th August 2019
Date to be reviewed	August 2020
Signed on behalf of the provider	

Name and role of signatory	Melanie Whitley (Nursery Manager)
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